“Case Management: Are You Plugged In?”

OMCMG 14th Annual Fall Conference and Expo
November 1-2, 2015 • Portland Sheraton Airport • Portland, Oregon

2015 Conference Speakers Bio’s

Sunday:

Regina Jackson, RN, BS, CCM, LNCC
ADA Case Manager, Intel Corporation
“ UPLOADING THE NEW ADA REGULATIONS INTO YOUR PRACTICE”

This course will give participants a general overview of the new ADA regulations, the interactive process, reasonable accommodations and considerations to “upload” into your case management practice. It will also discuss how the ADA process intersects with Worker’s Compensation cases to avoid pitfalls in your practice.

Regina Jackson graduated Cum Laude with a B.S. majoring in Nursing from OHSU and is currently works for a Global Fortune 500 Company as a Senior ADA Case Manager Specialist. Ms. Jackson has experiences in a large variety of Nursing fields and has a passion to empower nurses and seek out unique opportunities to extend her knowledge of nursing in other non-traditional nursing roles.

Ms. Jackson is certified by and an active member of the Case Management Society of America (CMSA) and the American Association of Legal Nurse Consultants (AALNC). She is also affiliated with the Workers’ Compensation Claims Association of Oregon and Professionals in Workers’ Compensation (Oregon). She sits on the Editorial Committee for the Journal of Legal Nurse Consultants as well as the Public Policy Committee and Board for the Oregon Medical Case Management Group (OMCMG).

Tom Seibert
Advanced Arm Dynamics
“A PERSONAL EXPERIENCE WITH A CATASTROPHIC AMPUTATION”

On September 10, 2006, a normal day out boating with friends ended with a life changing injury. Tom takes us through his experiences during the day of the injury, the initial rehabilitation process, and adapting to life after.

Tom works as the Manager of Business Development for the Northwest Center of Advanced Arm Dynamics. He has seven years of experience in prosthetics as a prosthetic user, volunteer Prosthetic Technician at Shriners Hospital for Children, and now as his current role with AAD. He enjoys skiing, hiking, bobsledding, fly fishing, camping, and is always looking for new and exciting challenges.
Nancy Trumbo, MN, RN, NE-BC
Regional Director of Inpatient Care Management, Providence

“New Ways of Thinking Using Technology and Partnerships to Improve the Delivery of Care”

As the landscape for our health care system is ever-changing, hospitals and transitional care facilities are needing to find new ways to provide increasingly complex care in a manner that results in excellent outcomes. Innovation is essential to find these new paths. This discussion will explore the use of video teleconferencing to “warm up” the handover of care from hospital to skilled nursing and long term acute care and find new linkages among partners in care.

Nancy has extensive nurse management and case management experience which includes specialization in the trauma, orthopedic, neurosciences of the adult population. She has been the Director of Care Management for at OHSU and currently at Providence, Oregon. She obtained her Masters of Nursing in 2011 from University of Washington and has focused her work on finding progressive ways to partner with the post-acute continuum throughout Oregon. Projects include: utilizing video handovers during the transfer of care from hospital to skilled nursing facilities, in home monitoring to reduce readmissions, development of an interdisciplinary process to develop “community safety plans” to find the least restrictive environment for patients who require long term IV antibiotic therapy and who experience substance abuse or other safety concerns (dementia), and grant funded transitional care projects: Transitional Care Nurses and Intensive Case Management for ED ultra-utilizers. Nancy has worked with OHSU School of Nursing to develop a care coordination curriculum that has been utilized in the undergrad program and continuing education presentations for current nurses. As a native Oregonian, she is deeply committed to the health of its people.

Monday:

Mary Barros-Bailey Ph.D, CRC, CDMS, NSS, D/ABVE
Intermountain Vocational Services, Inc.

“Technology Ethics: The Face of Social Media”

The presentation will cover the realities of our connected world, particularly as associated with social media. The audience will learn about the difference between social media and social networking with respect to reach, accessibility, usability, immediacy, and permanence. The online lives of groups will be covered, as will the scope of communication networks by demographics, nationally, and internationally. Participants will learn three rules to follow that are doable and applicable regardless of the medium, which are particularly useful in the use of social networking. Training scenarios will demonstrate the use of the best practice rules and tips.

Mary Barros-Bailey, PhD, CRC is a bilingual rehabilitation counselor, vocational expert, and life care planner. She also serves as adjunct and clinical supervision faculty with the rehabilitation counseling program at the University of Idaho and adjunct faculty with Boise State University. Mary has published and presented extensively on professional issues in rehabilitation counseling, including ethics, labor market survey, occupational information, age/work/disability, technology, and forensic history. Her current research interests include methodological issues in forensics associated with Opinion Validity ©.
Donna Black, RN, BSN, ACM, CPHM

Director of Case Management at Vibra Healthcare

“Long-Term Acute Care Case Management: #SoNotBoring

Long-term acute care (LTAC) hospitals are designed for medically complex patient populations. Patients admit from throughout the State of Oregon as well as from Washington, Idaho, Wyoming and Colorado. This distillation of the sickest of the sick in the hospital setting creates a unique, challenging, and fast paced case management environment.

Donna has been the Director of Case Management at Vibra Specialty Hospital of Portland, the only LTAC in Oregon, since 2011. She graduated from Good Samaritan School of Nursing in 1980 and went on to receive a BSN from Grand Canyon University in 2011 after her youngest child graduated from college. She has worked in case management in a variety of settings since 1990. Her experience with hospital, insurance, and physician office case management prompted her to pursue case management certification. She was certified by the ACMA in 2009 and the CMSA in 2015. She was honored to join the board of the OMCMG in 2014 and share her passion for case management. Donna is a long-term resident of Portland where she lives close to four generations of family.

Angela Kienholz, MBA

Founder of Departing Decisions

“End of Life”

Angela Kienholz, MBA, is one of the Northwest’s leading authorities educating and inspiring generations to age well, die well and be remembered well. Combining a mix of personal experiences with the deaths of three family members, a graduate degree from Willamette University and the creation of the Departing Decisions Guide, Angela works with professionals like you to ease the burden of awkward and difficult conversations with patients and families around aging, illness, death and grief.

As the founder of Departing Decisions, Angela will share her unique approach to end of life conversations and the available resources to help you, patients and their families. Her energetic and insightful presentation will highlight local organizations, tips to discover what is important to patients, and the useful tools to start the conversations about what matters most to age well, die well and be remembered well.
Carrie Thomas, RN, MSN, CCM, CNLCP
Manager of Care Management at Legacy Mount Hood Medical Center

“Medicare Set-Asides”

"When first diagnosed in the 1980's, HIV was often a terminal illness. Early treatments caused as much morbidity and mortality as the disease. Today more and more people are living into their elder years HIV positive. Treatments have become less toxic and easier to use, including once-a-day dosing. What are some of the long term effects of living with this chronic illness? How do the antiviral medications interact with management of heart disease, cancer, liver and kidney health? How can case management support the needs of this population? Carrie provided intensive case management to a large population of HIV-affected individuals within a primary care clinic and will share her knowledge and experience.”

Carrie has been a Certified Nurse Case Manager since 2007. She has a Bachelor’s Degree in Nursing from Oregon Health Sciences University and a Master’s Degree in Nursing from the University of Utah. She practiced as a nurse midwife in Kentucky, Alaska and Washington for 10 years prior to moving into case management. She’s worked extensively within a Patient-Centered Medical Home, championing its expansion throughout Primary Care. In 2012 Carrie earned certifications in Life Care Planning and Medicare Set Aside, working towards building an independent consulting business. Carrie has presented throughout the Pacific Northwest and at the 2014 CMSA National Conference in Cleveland, Ohio on patient-centered medical home, case management and care transitions. In 2015, she again advanced her career, becoming Manager of Case Management at Legacy Mount Hood Medical Center. She credits her position on the OMCMG Board of Directors for opening doors and establishing valuable connections through the US healthcare community, and looks forward to representing case managers in her position as Past President. Carrie lives in Vancouver with an active, healthy, happy teenage daughter, where she volunteers as Treasurer of the Union High School Orchestra Boosters and is a member of the Women’s Entrepreneurs of Washington State.

Robin Rose
Trainer and Consultant, Robin Rose

“Managing Stress and Preventing Burnout-Evidence Based Practices That Work”

Participants gain an understanding of what stress is, its impact on thinking and health, and how to immediately reduce stress levels. Each person will learn multiple ways to assess their own stress level, as well as relaxation techniques that can be used at work and at home. Design a personal action plan to achieve health, energy and resilience

Robin Rose is an accomplished trainer, speaker and consultant with over thirty years’ experience. With a background in counseling and education, she translates the latest developments in brain-based research into practical, learnable skills. Robin’s expertise is in teaching people how to stay calm, professional, and effective, especially during high-stress, high-pressure situations. She delivers information, training, and tools that help you understand how your brain works, how to think clearly, and how to communicate effectively. People leave her trainings with new skills and renewed energy!

Robin has an uncommon ability to make it safe for individuals and groups to learn new ways to work together, build trust, and move forward. She holds a Masters Degree in Counseling Psychology from Lewis & Clark College. After fifteen years as college faculty, she formed her own company and moved into the public, government agency, non-profit, and business sectors. Robin is an accomplished consultant, trainer, and keynote speaker, and recently authored Shifting Gears: A Brain-Based Approach to Engaging Your Best Self.